



North Region Community Council Meeting

#207 1600 15th Avenue, Prince George BC V2L 3X3

Date February 19, 2011

Time: 9:35 am

Present: Bonnie Fallowfield, Barb Warkentine, Eldon Carter, Dave Johnston, Cathy Mortensen, Earnie Harding, Ryan Taylor, Ann Peltier, Sharon Doerksen, Pat Marshall, Ann Lewis

Conference call: Jackie Allen, Sharon Taylor

Regrets: Ruth Stanton, Colleen Hermanson, Terry Robertson

AGENDA TOPICS

| TOPIC | DISCUSSION |
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| Acceptance of agenda and approval of last meeting's minutes | Earnie Harding moved the minutes of the January 15, 2011 meeting be accepted with the correction to Bonnie Fallowfield's round table. David Johnston seconded the motion CARRIED |
| Additions to the Agenda | None |
| TOPIC | DISCUSSION |
| FUNDING CONCERNS: | We had a discussion on an email received from council member, Terry Robertson regarding funding concerns. CLBC had a meeting with some Microboards to discuss the possibility of sharing resources, and discussed what this would look like. Terry relayed BCHousing will be meeting with Microboards. There are only family homes only no single units available; individuals on PWD waitlist cannot afford these. There was discussion on the number of people on the waitlist, this is not an accurate count as some are receiving services and their names have not be not taken off the list yet. AimHi is looking at sharing services, providing more services for the same amount of funding; they are now just getting to the Microboards. Barb Warkentine also discussed the Micro Board event on Feb 12, 2011. She found it was nice to connect and found it to be a very productive meeting. It was a way to start thinking of how to make funding go further. We realize we cannot force people to be together due to lack of funds. This was just a start; meeting and sharing ideas. Some of the main items were to make sure they fit, takes some time, this is not something that can happen overnight; different people have different needs. Discussions |

on ways to make it work by doing different things together; i.e. pancake breakfasts, Christmas festivities. Prince George has 14 Microboards. Service providers contracts, not only Microboards, should be looked at and juggle around if possible. Smaller areas do not have the flexibility that larger areas have. A bigger concern that Terry expressed is the people on the waitlist and more to come as youth transition.

Pat talked about when looking at funding we have to realize this will be for the lifetime of the person and the amount may increase as they age – when forecasting we are forecasting for life. More people are being added to, rather than on than going off waitlists and as people are aging and becoming more medically fragile the costs increase.

Bonnie believes now with the service redesign we will be able to serve people more with the funds we have available.

Bonnie asked about our savings, where do we reinvest those? Are they put towards waitlist?

A question was brought forth, if there are savings in the north, does it stay in the north? Yes any savings stays where it is accrued; savings would be plowed back into services – health and safety.

Can Terry take this information to PAC? We will have to wait until we get clarification on the waitlist numbers before Terry can take this to PAC.

Jane Holland has almost no calls on service redesigns, most of the calls she receives are people expressing not receiving enough for PWD.

Pat reminded council it is ok to express concerns but not lobby – we have to strike a balance about how to proceed. If there are concerns they need to be brought forward and discussed first.

Earnie Harding - Earnie is happy to report they have a commitment from BC Housing for Smithers, though there is a catch, getting funding from the community to make them affordable. It is a step in the right direction. Like the units in Terrace and Rupert, some are still some not allocated. They are recommended to go with 8 units to start instead of 6 now and 2 more to be added in the future. Malachy Tohill, Regional Director, BC Housing will be visiting in Smithers March 8th or 9th. Earnie will bring any information from that to the next council meeting.

Pat discussed the target for redesign; we went over our spending due to three unexpected guardianship removals. This impacted our spending by \$200,000. We can see how to do this at a lesser cost for the future. Adult guardianship is not applicable to FAS or PSI only PWD.

| ACTION | PERSON RESPONSIBLE | DEADLINE |
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| Bonnie to contact Wendy to get a number of Individuals on the waitlist | Bonnie to phone Wendy and will fan out any information received. | |

| TOPIC | DISCUSSION |
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| Aging in Place Ann Peltier | Ann Peltier attended the Aging in Place workshop on Jan 25 th in New Westminster, it was different then what she was expecting. The majority of |
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| | <p>the workshop was around dementia – meds, infections can show up as dementia but it’s really not. Ensure physical health is checked out fully, some individuals display signs of dementia but can be other health problems. Ann was hoping to get answers for ways to work with the health system. There was discussion on Down Syndrome. There was discussion on making decisions and a bit about REP agreements, and environmental issues, such as glare, home modifications (Ann brought back a check list for home remodeling), vision loss, carpet verses tile flooring, visuals on walls. Hopefully Kim Lyster will be able to answer some of these questions. HSCL has a waitlist, and it is suggested you apply early. No definite dates yet scheduled for Kim Lyster’s Aging forums, possibly late April or early May</p> | | |
| | ACTION | PERSON RESPONSIBLE | DEADLINE |
| | <p>AimHi working with UNCB and CLBC council of Seniors – aging conference sep 2011 – International Association for the Scientific Study of Intellectual Disabilities</p> | <p>Kris will distribute this information; possibly will connect with Kim to attend.</p> | |
| TOPIC | DISCUSSION | | |
| <p><u>Membership Committee</u> Sharon Taylor Kris Zemlak Sharon Doerkson</p> <hr/> <p><u>Self Advocate Committee</u> Cathy Mortensen, Ruth Stanton, David Johnston Earnie Harding , Eldon ----- <u>Community Awareness Committee</u> Jackie Allen, Ann Peltier, Colleen Hermanson, Ryan Taylor</p> | <p>COMMITTEE REPORTS:</p> <p>Membership Committee</p> <ul style="list-style-type: none"> • Kris – nothing to report <p>Self Advocate Committee</p> <ul style="list-style-type: none"> • David and Earnie have compiled a list of Self Advocate names and numbers for the north, though not complete, it’s a good start. Ann P will contact a self advocate in Kitimat to see if they want to submit their name, Earnie will follow up on some more names. We must have their consent to publish their names on list. David is also looking into contacts in Chetwynd, Hudson Hope and Fort Nelson. • BCACL website also has a list of Self Advocates <p>Community Awareness Committee</p> <ul style="list-style-type: none"> • Terms of References are completed and handed out. | | |
| | ACTION | PERSON RESPONSIBLE | DEADLINE |
| TOPIC | DISCUSSION | | |
| MANAGERS REPORT | <p>Coming to end of year, scramble contracts CMT training started and rolling out, going well; live roll out will be sometime in May or June of this year.</p> | | |

Discussion on the Guide to Support Allocation, this will now become a facilitator’s function.

Over the next few months, field staff in CLBC will be taking the Managing Challenging Conversations training. Very good feedback is being received from facilitators who have already attended.

3 day Adult Guardianship in May at Justice Institute; we have 3 spots reserved for staff in the north.

Discussion on having Paula Grant attend a council meeting to do a presentation on Adult Guardianship, Possibly combine it with a council meeting and do a big invitation to AimHi and other northern agencies. Another possibility would be to send a council member to the JI for this training. TSDM (Temporary Substitute Decision Maker).

Pat is still working with MCFD on the Transition Protocol Webinar training for CLBC and MCFD staff.

Budget - understand budget for next year will be the same, we are not predicting an increase.

Pat reminded the council to have all their travel expenses in as soon as possible at or after the March meeting as year-end is March 31st. For those out of town, you can take them to the local CLBC office to send to be sent to Ann L.

| ACTION | PERSON RESPONSIBLE | DEADLINE |
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| Send electronic copy of the Adult Guardianship manual to council members. | Ann | Before next meeting |

| TOPIC | DISCUSSION |
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| <p>Round Table</p> | <p>Barb Warkentine –Therapeutic Riding will start again in May and runs to July, taking the month of August off, then starting up again September to October. Barb discussed their newsletter, please let Barb know if you have information to add to the newsletter. Kris asked Bard to send her the Tax information to for AimHi’s newsletter. Barb will let us know about their fall fundraiser at a future council meeting.</p> <p>Sharon Doerksen - Kim Lyster contacted Sharon, they will connect to set dates for the Dawson Creek/Fort St John meetings. Sharon says Dawson Creek has a fabulous family group. Special Olympics is going fine – she is going to Kelowna in 2 weeks have for Provincials in Snowshoeing, X-country and Downhill Skiing. She will bring updates to a future meeting.</p> <p>Ann Peltier – The Canadian Diabetes Association has funded Smart Budget food skills program for individuals to learn how to budget and stretch their dollars but still meet their nutritional needs. This is good experience for them, they get to cook together, receive instructions healthy eating. This is a 5 week program that includes a grocery store tour, instructions on measuring</p> |
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and freezing and rotating foods lessons. Currently there are 4 individuals from Kitimat, 2 from Terrace plus support staff. Last week they cooked with their support worker next time switch up. This is being done out of the Terrace Woman's centre at no costs to the participants. For now, this is adults only, but it was suggested transition youth would benefit from this as well. After cooking, they get to share the meal with all participants and staff creating a social event. Build up awareness of tools they need for cooking, for example muffin tins etc. not here next meeting England Ann P will send link

Kris Zemlak – Kris is very busy service redesign – lots of movement in the agency. Home sharing is going well, they found where they want to go in life. AimHi has applied for a grant for a community garden from Northern Health; anyone in the community can participate. Just a reminder, AimHi is still in partnership with Value Village. Kris will bring WOW Awards information back to AimHi for possible nominations. AimHi now has a Fund Development Committee to look after fund-raising. Their Policy Committee all reviewed all policies - lot of work. Homesharing is going in a direction that is positive; the Home Share Coordinator is making sure people are placed in good homes, monitoring tools moving in a positive direction. It is suggested some of these stories can be submitted to the Citizen newsletter and encourage people in community to read these.

Ryan Taylor – Ryan discussed the Valentine's dance, though he did not attend, it was a fun event. Once a month the association gets together to celebrate everyone who has a birthday for that month. They also have calendar activities such as WWII day, or if it's nice out they go for walks. The newsletter is packed full of chit chat and stories that events happened in the association that month. Ryan will bring some to the next council meeting.

Earnie Harding – Earnie says not too much going on, a lot of parents are involved with services, he explained High Roads is made up of parents of special needs individuals that is similar to Microboards where they have a say of the services provided. AimHi has been very helpful in providing information to help. Homesharing up, 5 families have been interviewed another list of people have been contacted regarding respite for a total 25 families. Thanks to AimHi for sharing information to help. Housing – sure nice to get contacted and have positive feedback.

Cathy Mortensen – The Sparrows are raising money for special needs housing through their band (no name yet). Cathy plays piano. High Roads celebrated Chinese New Year, it went very well. The Grendle group put on a play to raise funds; it was a lot of fun.

David Johnston – David is attending the Special Olympics in Kelowna Mar 3-7 and is entered in the snowshoeing event. BCACL has approached David

and he will now be submitting different articles for their blog regarding self advocate issues in the north. These will have his picture, followed by articles he submits. David will be paid for articles he submits. David is taking a cooking course, and is still involved with the O’Bear Society. In April, Shelly Nessman will hold a workshop for self advocates in DC, David will bring more information to the next meeting. David, and other self advocates, are working on getting their Criminal Record Checks completed to allow them to put on presentations in the schools. People First is going to be in the Dawson Creek mall. David will start bringing the monthly newsletters to the council meetings to share.

Eldon Carter – Eldon is helping his group develop smoke free information, they are also planting flower pots for the “green effect” starting April 1st. The Self Advocates are planning a “Hawaiian dance” possibly to be held April 15th. They are also raising funds by having a bake sale. Eldon has been recently appointed to the QCLA Board.

Bonnie Fallowfield – Bonnie has been invited to be a Director with CHAAPS in Quesnel. Bonnie is keeping busy updating herself on affordable housing committee – reviewing their minutes and looking for representation for people with disabilities. Bonnie continues to support families in Quesnel. Bonnie also mentioned the WOW awards and wants to have the council thinking of who to nominate. Bonnie would like the council to promote this.

ADJOURNMENT

NEXT MEETING

March 19, 2011 9:30 am