

Community Living BC – Simon Fraser Region
400 – 205 Newport Drive, Port Moody

Council Meeting Minutes
November 30, 2015, 5:30pm

Present: Sue Mann, Barb Paciejewski, Massi Bakhshian, Vera Anderson, Courtney Dinahan, Laurie Geschke, Maxine Wilson, Carol Broomhall, Deborah Abraham (ED, Unique Get-Together Society - Community guest)

Regrets: Lynne Kennie, Bob Kashyap, Deb Appleby, Linda Wu, Soheila Ghodsieh

CLBC Staff Present: Shane Bolding

1. Introductions

2. Adoption of Agenda

M/S/C To adopt the Agenda as presented.

3. Adoption of Minutes from October 26, 2015

M/S/C To adopt the Minutes as presented.

4. Special Guest: David Woollven, GM Coquitlam Family YMCA

- Are working with the City of Coquitlam to build a YMCA facility
- Speaking with service providers, stakeholders, parents to discuss development
- Focus on connection and potential as much as physical health
- Wants to address 3 social issues causing lower life expectancy of children this generation – vulnerability of kids – factors impacting them reaching their full potential; unhealthy lifestyles – not good nutrition, physical activity, too much screen time; isolation – kids feeling disconnected to community.
- Want to help kids be ready for kindergarten
- Want youth to grow up to be healthy and engaged in their community
- Want to help parents raise healthy and resilient kids
- Want people to be happier and more connected to their community and each other
- Want communities to have greater access to programs and services for kids, youth, families
- Want organizations and stakeholders to achieve community outcomes together
- Find that people who are more connected to the Y feel more connected in general

- Y has 185 program sites – with 4 of their own buildings and all other programs at other sites.
- Gave away \$2.1 in direct financial assistance to people so that families can access services
- Over 2500 volunteers
- Have 251 community partners
- 1500 employees
- Raised \$4 million last year
- 2,100 kids in child care
- 22,000 kids at summer camp each year
- 3,800 kids per week participate in after-school programs
- Also have employment programs throughout Metro Vancouver

- Hope to build a building in the Tri-Cities to serve even more people in this area
- Have an Agreement in Principle on how the Y and the City can work together to provide a 50,000 – 60,000 sq ft facility – a hub to enhance healthy lives and strengthen Coquitlam for generations of families and children.
- Would have a couple of different pools – a lane pool for exercise, and warm water tank for teaching and therapeutic rehab, pool for exercise; whirlpool and steam rooms; café, lounge and community space, family development centre, multi-purpose rooms, meeting rooms, child-minding.
- Hope to open in the next 3.5 years – within 500 metres of Burquitlam Skytrain
- The facility would be available to Coquitlam and Burnaby residents
- Capital investment will be shared, but once the facility is built, there will be no taxpayer funding. Operational costs will be solely covered by the YMCA.
- The Y is looking to raise \$5 - \$8 million locally and regionally.
- Any construction budget overages are the Y's responsibility.
- Key community programs currently running in Tri-cities:
 - i. YMCA Child Care & Referral Centre
 - ii. YMCA Healthy Heart program at Port Moody Rec Centre
 - iii. The Alderson YMCA Kids Club
 - iv. Little Scholars YMCA at the Cabbie Alternative School
 - v. Outdoor Adventure Camp at Mundy Park
- The City is reviewing the sites and we should know by the first quarter of next year, with an agreement signed by the summer of 2016.
- Question: How do special needs children work into their other programs?
- The programs are open to children who can come in with 1:1 support.
- Try to be as inclusive as possible, but do not have funding in place to recruit and support caregivers.
- Partner with Canucks Autism, and in their Surrey facility, they work with CLBC to offer some employment opportunities.

- Look forward to seeing it developed – around the Spring of 2019.
 - The Agreement is valid to the end of the useful life of the building.
5. Housing Sub-Committee Update – Vera Anderson
 - Shane Ramsay, CEO of BC Housing, has been speaking internationally on what BC Housing is doing
 - He is assigning us to a Senior Manager and will be in touch soon
 - Doug Tennant from Semiahmoo Society will be speaking with the Sub-Committee on December 8
 - Parents have said that the top goal is finding suitable housing for youth in their home community after they leave school. That provides a stable base for pursuing employment.
 - When people only receive \$900 PWD per month and rents are \$700 or \$800, there is very little left for other living costs.
 6. Self Advocate Conference Update – Laurie Geschke
 - Has no report – still hasn't heard any updates
 - Shane has not heard of updates either, but will ask that Laurie be contacted soon by Jessica
 7. Council Web Page Content
 - Bios and event pictures – please send Carol your bios as soon as possible
 - Info can be as personalized or de-personalized as people wish
 8. PAC Update – Barb Paciejewski
 - No update – no meetings until January.
 9. CLBC Update – Shane
 - No news from CLBC other than still re-organizing the Regions
 10. Report from the Chair – Sue Mann
 - Nothing to report.
 - Received an email from Sylvie on very short notice that there was a PAC teleconference 2 days later, so Sue wasn't able to participate.
 - Suggest in future more advance notice be given.
 11. New Business
 - No new business.
 - Had focused on Housing, Employment & Community Inclusion in our Strategic Plan.
 - i. Are working on housing;
 - ii. No Rotary event this year highlighting employment – it was cancelled. Hopefully there will be another event next year.
 - iii. For Community Inclusion, we will be involved in the Self Advocate conference. Would still like to have another self

advocate on the Council – possibly someone who is working at the Port Moody CLBC office. Soheila was going to explore.

- iv. Employment is currently at 21% or 22% in the Fraser Region for people supported through CLBC. CLBC's goal is to reach 25%.
 1. Question the statistics, because a person is considered employed if they only work one day a year.
 2. Would like to have someone from CLBC speak on employment initiatives at our February meeting.
 3. Shane will ask the Employment lead for the region to talk about future direction, what agencies are doing in the region, etc.
 4. Could ask agency representatives -- posAbilities, CVS, etc, to come in and talk about employment opportunities at the meeting following the one that the CLBC lead will speak at. Could bring in someone who is employed.
 5. Could also ask Gordon from InclusionBC to come to a subsequent meeting to discuss employment from his perspective.

12. Confirmation of next meeting date

- No meeting in December
- Next meeting at 5:30 pm on January 25 at Milestones in Coquitlam on Barnet Hwy
- Peggy from CLBC will book the meeting
- The meeting in February will be on the 29th – with no KFC. Would prefer a healthier alternative.

Meeting adjourned at 7:30pm