



## Thompson Cariboo Community Council Meeting

Date: February 19, 2013  
CLBC Lansdowne Office  
Time: 5:00pm – 8.00pm

**Present:** Carol Richards, Kelly Kelland, Sharon Woods, Dan Douglas, Shane Barr, Tony Cuglietta, Peter Hilton, Jenna Fowler, Karen Adkin, Naomi Bullock

**Regrets:** Doug Butler, Erin Brown, Cheryl Fisher

**Support Workers:** Alison Raaby, Blake Austin

AGENDA TOPICS			
TOPIC	DISCUSSION		
Adoption of Agenda	Motion: Sharon Woods, Kelly Kelland  THAT THE AGENDA BE ADOPTED carried		
TOPIC	DISCUSSION		
Approval of Minutes	Motion: Sharon Woods, Peter Fowler That the minutes of the January meeting be adopted as amended (Wendy Peschick listed as guest in previous minutes) carried		
	ACTION	PERSON RESPONSIBLE	DEADLINE
TOPIC	DISCUSSION		
Dan Douglas Report	'Include Me' project is rolling out. This involves a 'Quality of Life' survey to be conducted by persons served by CLBC with persons served by CLBC. The larger survey company has created the survey and has hired persons served to conduct the survey. Accredited agencies will be the first to have events regarding 'Include Me' activities (ie Thompson Community Services, Interior Community Services, Axis Family Resources etc).		
	ACTION	PERSON RESPONSIBLE	DEADLINE
TOPIC	DISCUSSION		

Self-Advocate Report	<p><b>Jenna</b> has begun babysitting and her daycare job is going well. Jenna is going to the gym.</p> <p><b>Sharon's</b> job is going well.</p> <p><b>Tony</b> reports that more meetings will occur regarding conference in July. The conference is still in the planning stages and will be held in Kamloops. There are still Self Advocate meetings being held at New Horizons.</p>		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
<b>TOPIC</b>	<b>DISCUSSION</b>		
Financial Report	<p>Doug wasn't able to attend the meeting but provided Carol with a financial report. It appears the Council has spent about \$4000 year to date (\$6000 left). Any money not spent by March 31 will be returned.</p> <p>Reminder that all expenses need to be submitted by March 31.</p>		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
<b>TOPIC</b>	<b>DISCUSSION</b>		
New Members	<p>Application documentation needs to be completed for some new council members. Karen Adkin is coordinating this.</p> <p>All new members must complete the oath of confidentiality.</p> <p>Current council configuration:  4 members represent Community Agencies  8 members who are Self-Advocates or family  3 members representing Community</p>		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
People in Motion funding.	Orientation binders are being created for new members.	Dan Douglas	Next meeting
<b>TOPIC</b>	<b>DISCUSSION</b>		
Committee Brochure	Cheryl Fisher created a Community Council brochure. The brochure has been submitted to CLBC for approval.		

	Dan reports that there may be a glitch with the timing of the brochure. Everything must go through Communications.		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
	Send to CLBC Communications	Dan	
<b>TOPIC</b>	<b>DISCUSSION</b>		
Task Force Committee projects - Kamloops	<p>Meetings occurred with Kamloops persons served and service providers and several gaps in service were identified:</p> <ul style="list-style-type: none"> <li>• Transportation</li> <li>• Loneliness – social inclusion - not enough opportunity to get out and socialize. Individuals’ budgetary constraints contribute to this issue. There is no central location for people to meet for social activities.</li> <li>• Cooking – create a community kitchen?</li> <li>• Assisting in writing resumes and access to computers</li> <li>• Special Olympics – assist individuals to become involved</li> </ul> <p>Jenna reminded the group of the ARCH pass. This pass gives free access to the pool, gym etc. at several locations. The pass gives \$300 in credit to individuals to spend.</p> <p>Dan reminded the group that the goal is to support community inclusion and not to create segregated social groups.</p>		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
	Karen will meet with Justine (heads Self Advocates group with New Horizons) to identify the wishes of self-advocates. (example – connecting with existing walking clubs, TRU athletes etc.)	<p>Karen will connect with Justine and report back to the Council.</p> <p>Jenna, Tony and Blake will also connect with Justine to explore ideas.</p> <p>Council will hear ideas and look for existing groups.</p>	Next month’s meeting.
<b>TOPIC</b>	<b>DISCUSSION</b>		
Task Force Committee projects – Williams Lake	<p>Sharon and Shane spoke with service providers and persons served:</p> <ul style="list-style-type: none"> <li>• Transportation – difficult in rural areas – limited bus service – safety is an issue. There are literacy issues that impact use of public transportation.</li> <li>• Nutrition – Community kitchen</li> <li>• Transition into adult services</li> </ul>		

	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
	Sharon and Shane will talk with persons served and service providers in Williams Lake and 100 Mile House to brainstorm ways to enhance services.	Sharon and Shane	Will report back to the CLBC Council at the next meeting on March 19.
<b>TOPIC</b>	<b>DISCUSSION</b>		
Support for Quality of Life Conference	Carol suggests sending a Council member to the Quality of Life conference in Vancouver on October 17 -20. Sharon and Tony are interested,.		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
	Council members will consider this suggestion and discuss at the next meeting.	Council members	Discuss at next council meeting.
<b>TOPIC</b>	<b>DISCUSSION</b>		
Orientation for Council members.	Carol suggests that a date be coordinated to orient all new members.		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
	Orientation is planned for Friday, April 26 from noon until 3pm.	Dan will confirm location of the orientation	March 19
<b>TOPIC</b>	<b>DISCUSSION</b>		
Review of self-advocate support.	Karen and Carol suggest reviewing self-advocate support annually or bi-annually. We are currently up-to-date with this review.		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
<b>TOPIC</b>	<b>DISCUSSION</b>		
Proposed Strategy on Aging.	<p>Dan broke the Council into two groups to discuss one or two domains each in the 'Proposed Strategy on Aging' document. The activity included identifying the pros, cons and barriers for each domain. Each group reported back to the Council:</p> <p><b>Group 1: Domain #1: Personal Development</b></p> <p><u>Pros</u></p> <ul style="list-style-type: none"> <li>• There are activities for the aging population (walking)</li> <li>• Volunteer opportunities</li> <li>• Church groups</li> <li>• Handi-Dart</li> <li>• Seniors Outreach – Good Morning program</li> <li>• Street School G.E.D. (19-64 years)</li> </ul> <p><u>Cons</u></p> <ul style="list-style-type: none"> <li>• Seniors have limited incomes</li> <li>• Mobility issues</li> <li>• Limited resources</li> <li>• Advocacy</li> </ul>		

	<ul style="list-style-type: none"> <li>• Lack of family support</li> <li>• Lack of Doctors</li> </ul> <p><u>Barriers</u></p> <ul style="list-style-type: none"> <li>• Funding</li> <li>• Education/knowledge</li> <li>• RDSP</li> </ul> <p><b>Group 2: Domain #4: Social Inclusion</b></p> <p><u>Pros</u></p> <ul style="list-style-type: none"> <li>• Some senior serving agencies exist</li> <li>• Handi-Dart provides some transportation</li> <li>• Recreational opportunities available</li> </ul> <p><u>Cons</u></p> <ul style="list-style-type: none"> <li>• Limited incomes</li> <li>• Limited transportation, especially in outlying areas</li> <li>• Fewer direct support services available</li> <li>• Caregivers are aging and not able to provide same level of support – may mean a move for individuals</li> <li>• Isolation factors increase</li> </ul> <p><u>Barriers</u></p> <ul style="list-style-type: none"> <li>• Attitudinal – lack of acceptance</li> <li>• Awareness, information, training for public</li> <li>• Limited funding</li> <li>• Transportation</li> <li>• Individuals’ abilities decrease</li> </ul> <p><u>Ideas to break down barriers</u></p> <ul style="list-style-type: none"> <li>• Work with existing services to promote awareness and inclusion</li> <li>• Identify a ‘champion’ – a senior in the general population to champion the cause of including seniors with different abilities.</li> <li>• Create ‘advocate’ position</li> <li>• Promote issues in educational settings (ie integrate into BSW programs)</li> <li>• Develop a mentorship program</li> <li>• Provide training, information sessions to general public.</li> </ul>		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
	Dan would like to continue with this activity at the next Council meeting to dissect other domains	CLBC Community Council	March 19, 2013
<b>TOPIC</b>	<b>DISCUSSION</b>		
Family/Individual	Tabled until next meeting.		
	<b>ACTION</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>

Preference.			
Teleconference with other Community Councils.	Carol attends these teleconferences regularly and will send out information via email	Carol	asap

**Next meeting:**

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