

Community Living BC – Simon Fraser Region
400-205 Newport Drive, Port Moody

Council Meeting Minutes
December 8, 2014, 5:30 pm

Present: Bob Kashyap, Barb Paciejewski, Sue Mann, Lynne Kennie, Nellie Wong, Linda Wu, Maxine Wilson

Regrets: Ed Kushner, Courtney Dinahan, Soheila Ghodsieh

CLBC Staff Present: Victoria Naisbitt

1. Introductions

2. Adoption of Agenda

M/S/C To adopt the Agenda as presented.

3. Adoption of Minutes from November 28, 2014

M/S/C To adopt the Minutes as presented.

4. Election of Chair and Vice Chair

- Moved the election of Chair and Vice Chair to the next meeting, as quorum was not met for standing members.

5. Discussion on Aging – John Bergman, Director of STADD (Services To Adults with Developmental Disabilities).

- Talked about early implementation of the STADD initiative. STADD was created in response to a CLBC review that said transitions are difficult for people aged 18 to 19, and also difficult transitioning into retirement at age 65 (or earlier).
- Not only are individuals aging, but caregivers and parents are too. So 5 different STADD sites were developed throughout the province – including ones in Burnaby, Surrey, and Victoria.
- STADD is responsible to the ADM Committee – made up of all Ministries of Government. The inter-ministerial governance committee includes representatives from Fraser Health, Community Mental Health, CLBC, Ministry of Health, Public Guardian & Trustee, Advocate for Service Quality, and the ED of the STADD project.
- Recommendations: A one-government approach. Part of the community consultations included the Navigators' work with individuals & families aged 65 and up.
- For referral in the Burnaby initiative: People have to be eligible for CLBC support, be individuals over 55, and reside in Burnaby.
- Referrals are by Health, DDMHS (Developmental Disabilities Mental Health Services), HSCL (Health Services CL), CLBC.

- There are 125 people aged over 65 in the Burnaby area alone.
- CLBC sent a letter to all families 55 and up talking about the Navigator & STADD project.
- Work on building relationships with individuals and supporting what they want to change in their life.
- Need particular help with Rep Agreements, Advanced Care Planning, Trusts, Wills, accessibility, vacationing.
- Typical people would also need help with these.
- Navigators build a big picture plan – gathering bits & pieces and combining them into a big plan.
- Want to streamline & eliminate the bureaucracy that families are dealing with. It can be overwhelming dealing with all the various ministries.
- The Navigator helps families navigate the system and be the main point of contact, to help lessen the bureaucracy that the family works with.
- So far, 30 individuals referred – 25% of the aging population – ranging from 53 to 87 years old.
- Inter-Ministry Governance Committee developed the Aging Transition Protocol – a document created with the One Government Approach in mind.
 - Have made some assessments and some concern that overlap between roles of CLBC Facilitators & Navigators.
 - That Committee is looking at the 2 roles and see how they can support the one govt approach and how to make it seamless.
 - It's now an informal document. – which the AGM Committee is working on – the Aging Transition Guide.
- Are reviewing the Health & CLBC partnership – have a protocol in place about financial cost sharing. Looking at coming up with solutions for areas and how to forecast future needs.
- Are reviewing 5 areas of the test/early implementation phase:
 - Communication – trickling from top down doesn't work
 - Use of collaborate software
 - Roles & responsibilities of Navigators & Facilitators that overlap
 - Robust reporting – how to extract information
 - Recognizing constant change
- Early implementation STADD sites will roll over to operational in May 2015
- Have already hired some staff

Jule Hopkins, CLBC

- Discussed CLBC's Strategy on Aging & how CLBC became involved in developing an aging strategy.
- External research & internal demands pointed to increased needs to support individuals as they aged and as families aged.
- More crisis referrals by families who had been supporting their adult child, but adults become ill or pass away and no longer to care for their child.
- Indication that at a certain age, people no longer want to attend Day Programs. They want to stay at home.
- Are addressing ways to support people to age safely and respectfully in the community.
- Early work with Provincial Advisory Committee and the Surrey Community Council created a pamphlet on Aging. Has been circulated widely.

- CLBC held 39 Forums on Aging around the province in 2010 - 2011– to begin work on community engagement.
- 23% of adults served by CLBC are aged 50 and older – 3, 623.
- 5% are 65 and older – 812
- 69% aged 50 and older are in Residential services – 2,510
- 29% aged 50 and older receive only non-residential services
- 94 individuals over age 45 registered for the first time in 2012 – 2013
- Fraser Region has 32% of the aging population in the province.
- Simon Fraser Region has 12.5% of the aging population
- What they've concluded is there are 1,122 individuals who don't receive residential support and who are likely in need of those services in the future.
- Within the next 5 years CLBC expects a 14% increase in the population between 45 & 64
- The community engagement work of the CLBC Advisory Committee on Aging has contributed a lot to the strategy – completed working on it in 2013.
- They ID's some major foundational values & beliefs:
 - Rights & values matter – a shared responsibility
 - Relationships are key
 - Responses & pro-active planning is essential
- Have ID'd 6 key areas to focus on future work:
 - Empower aging individuals
 - Adapt person-centred planning to address aging challenges
 - Enhance service & support options to accommodate those who are aging
 - Increase the aging knowledge & competence for CLBC staff & service providers
 - Expand awareness and understanding in the community
 - Collaborate with Healthcare sector to support individuals
- STADD was created as a response to those recommendations.
- Current projects:
 - Good practice forums on aging – Jan & Feb 2015]
 - Aging transition protocol
 - Aging planning transition guide for caregivers
 - Awareness initiative directed to healthcare professionals
 - Growing Older in the Community – on CLBC website a listing of community initiatives & resources available to families & caregivers
 - A strategic approach created, based on the 8 Quality of Life Domains
 - CLBC & Ministry of Health have created a 3-year Action Plan in 2013-14
Action Plan was distributed to Council Members. It outlines what those ministries plan to do for their population.
 - Jule offered to do Safeguard Training – re: how we can support individual inclusion in the community.