

CLBC's newsletter  
gets a makeover

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The story behind  
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How planning is  
sorting out my life

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CLBC NEWSLETTER | SUMMER 2015

Celebrate

# *Diverse* ABILITIES

*Stories from around British Columbia*



COMMUNITY LIVING  
BRITISH COLUMBIA



## Changing Minds

Learn how Kayla is educating her  
community on the benefits of  
inclusive hiring.

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## MESSAGE FROM CEO SEONAG MACRAE



# CLBC welcomes a strong voice for self advocates

Welcome to this new CLBC newsletter, “Celebrate Diverse ABILITIES.” It’s my pleasure to introduce this refreshed format which, for the first time, was created under the guidance of the CLBC Editorial Board.

Made up of self advocates from across the province, as well as family members, the Editorial Board strengthens the voices and perspectives of the people CLBC serves in our communications. In addition to the Editorial Board’s valuable work in developing this newsletter, they have also helped on a range of other key initiatives including providing input into the CLBC Quality Service Commitment, creating content for the SelfAdvocateNet.com website and expanding the use of plain language in written materials.

It is important to support a stronger voice for self advocates. I hope this new newsletter, which conveys issues important to self advocates, will be read by their friends, neighbours and employers, and all of us who seek to build strong and vibrant communities.

This July 1 is CLBC’s 10th anniversary. As we honour the grass-roots movement of self advocates and families who helped establish CLBC in 2005, we remain committed to our ongoing vision of creating good lives in welcoming communities for the people we serve. Learn more about CLBC’s 10th Anniversary celebrations on page 4.

This summer will also mark my first year in the role of CLBC Chief Executive Officer (CEO). I’m proud of the ongoing work being done with the input of individuals and families to strengthen services.

We look forward to sharing news, key information and success stories through this “Celebrate Diverse ABILITIES” newsletter, as well as our CLBC website and social media channels. Thank you for reading!

Sincerely,

**Seonag Macrae**  
CEO, Community Living BC

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*A special thanks to Editorial Board members and CLBC staff who provided writing and technical support to the authors of our newsletter stories and articles.*

## MESSAGE FROM THE EDITORIAL BOARD

# Help us Celebrate Diverse ABILITIES

Hello! We are the CLBC Editorial Board made up of Self Advocates and Community Living leaders from across the province. Our role is to work with CLBC to improve communication with the people they serve. This newsletter has been one opportunity to share what we think is important. The Editorial Board also provides feedback on CLBC projects and new initiatives.

We would like to bring your attention to two terms you will hear often in this newsletter: **self advocate and diverse abilities**. These words mean different things to different people. To us, the word self advocate is about having a voice and having a say about your life no matter what you have been labelled. Many of us are part of the Self Advocacy Movement and are working hard for equal rights and opportunities in our communities. Many of us are also challenging language and the use of labels. We use the term diverse abilities because it can be used for everyone. Diverse abilities focuses on all of us being different, but able.

We'd like to thank all the members of the self advocacy community and others with diverse abilities who contributed their stories to this newsletter. Celebrate Diverse ABILITIES brings you stories that highlight the abilities, contributions and leadership of those supported by CLBC across the whole province.

It is important to us that the newsletter be accessible to as many individuals, families and community members with diverse abilities and backgrounds as possible. We worked hard on plain language and easy-to-read formatting and tried to include stories that would be helpful and encouraging to individuals and families served by CLBC, as well as service providers and the community at large. Let us know how we did by sending feedback to [CLBCInfo@gov.bc.ca](mailto:CLBCInfo@gov.bc.ca).

Sincerely,

**The CLBC Editorial Board**



**CLBC Editorial Board Members**

**front row, left to right:** Cliff Stacey, Jerry Laidlaw, Penny Soderena-Sutton, Jo-Anne Gauthier, Maggie Litster.  
**middle row, left to right:** Tara Torme, Krystian Shaw, Michelle Goos, Sheenagh Morrison, Astrid Koenig.  
**back row, left to right:** David Johnston, Michael McLellan, Tricia Lins, Bryce Schaufelberger, Shelley DeCoste.  
**not pictured:** Shelley Marinus, Sandra Slind, Shawn Spear.

# Celebrating 10 years

On July 1, Community Living BC marked its 10-year anniversary.

To celebrate a decade of serving individuals and families in B.C., and to recognize the many valuable partners who have been part of this journey, CLBC is marking the occasion in several ways. To learn about the many 10th Anniversary activities taking place, stay tuned to [www.CommunitylivingBC.ca/10years](http://www.CommunitylivingBC.ca/10years).

CLBC will also be providing an opportunity to provide input on the future as we strive to identify a new generation of possibilities.



## CLBC's refreshed Strategic Plan

Following extensive consultation over the past year, the CLBC Board of Directors has approved a refreshed 2012-2016 Strategic Plan.

The updated Plan outlines strategies to support three key directions:

- 1. Enhance Participation and Citizenship**
- 2. Increase Sustainability**
- 3. Promote Innovation and Resilience**

CLBC will continue to collaborate with individuals, families, and service providers on projects that support these directions, including a focus on employment, transformation of day services, and quality of life planning.



To learn more about these and other new CLBC initiatives, visit:  
[www.CommunityLivingBC.ca/News](http://www.CommunityLivingBC.ca/News)

## Progress toward employment

The Community Action Employment Plan (CAEP) is a collaboration between CLBC and a range of government, service provider and community groups to create more employment opportunities for adults with diverse abilities.

Developed in 2013, the three-year plan recently marked the completion of its second year with strong progress across the province. In 2012, data showed 2,200 individuals served by CLBC reported an income, or 15 per cent. This year, data shows that more than 3,600 individuals served by CLBC are now reporting an income, almost 23 per cent. CLBC is developing new tools to better measure the jobs being created across the province.

Other positive achievements of the CAEP include an increase in the numbers of youth with developmental disabilities who want to work, more engagement with businesses, and improved support services in cities and rural communities.



*Kevin Speijer (right) with Chris Boehm, the owner of Burger 55, is one of many employment success stories from across BC.*

## A plan to improve home share supports

Across the province, about 3,500 people who are served by CLBC use a residential support called home sharing. This is a flexible residential option where an adult shares a home with someone contracted to provide support. Where there is a good fit between an individual and a home provider, it can be the most effective option for supporting people to be included in their communities and live independently.

In May, CLBC published a five-year plan to strengthen home share residential services.

### Among other things, it will:

- **Improve information for individuals and families about home sharing**
- **Create more online training resources for home share providers, agencies and CLBC staff**
- **Implement a new home study certification course**
- **Develop new monitoring guidelines to increase safety and quality**



## REGIONAL STORIES: FRASER



Burnaby



Jerry Laidlaw

# Self advocacy conference a success

By Jerry Laidlaw

For the past five years the Fraser CLBC staff and local members of the self advocacy community have partnered to plan and co-host a one day conference for individuals living with diverse abilities in the Fraser region. The planning committee worked hard connecting with individuals throughout the area to find out what topics and activities would develop their leadership skills. This year, the 2015 conference was organized around the theme “Building a Community of Healthy Relationships.”

The event was held at the Shadbolt Arts Centre in Burnaby and had a record high attendance of 110 people. Speakers included the Delta Community Living Self Advocacy Group and a panel of four individuals who shared what they have learned about building healthy relationships in their own lives. Jerry Laidlaw, a member of CLBC’s Editorial Board, was one of the panelists who shared his story.



*Self advocates from across the Fraser Region gathered in Burnaby for the 2015 Conference, “Building a Community of Healthy Relationships.”*

### Here is what Jerry had to say.

*“Good relationships are important in my life because they help me to be happy and motivated. When there are good people in my life, I want to do things and experience new things. Having different relationships means having people in my life who like to do different activities I might not have tried before. I made some friends at my book club and now we are going to Chicago together for a book club conference. I never thought I’d be part of a book club, but I thought I’d try it anyway so I could meet new people.*

*A healthy relationship is when you feel comfortable and good about yourself with the other person. You often have the same interests. You feel happy and you feel safety and trust. Your body can even tell you when you don’t trust someone. If you get that feeling in yourself that you don’t trust the person anymore, you should find a way to end the relationship.*

*The relationships that are important to me right now are my family, like my sister and brother-in-law, and my friends who I trust and who want to spend time together.”*



If you have a story idea for  
[www.SelfAdvocateNet.com](http://www.SelfAdvocateNet.com),  
 you can email CLBC's Self Advocate Advisor  
 at: [Jessica.Humphrey@gov.bc.ca](mailto:Jessica.Humphrey@gov.bc.ca).



**Abbotsford**

# The story behind Self Advocate Net

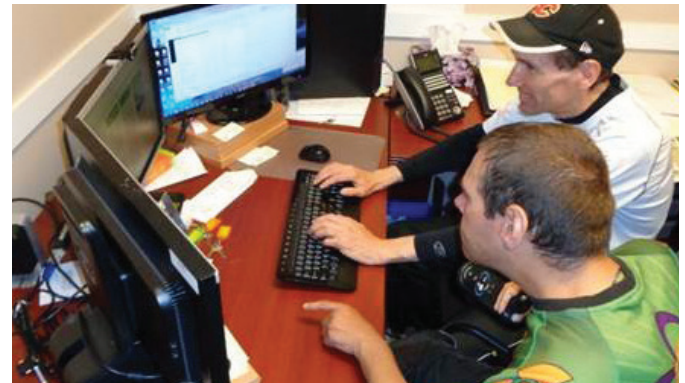
*By Bryce Schaufelberger, Self Advocate Net Web Manager*

I am the web manager for the B.C.-based SelfAdvocateNet.com website. We are an online community made by self advocates with diverse abilities for self advocates and their supporters worldwide. We are honoured to have this site recognized as a valuable resource for self advocates and the community living movement. We post articles, stories, photos and videos that strengthen our voice and share what is important to people with diverse abilities. Our mission is: "Change attitudes one person at a time."

We have been running the site for over 14 years. We got started in fall 2000 at the second Self Advocate Leadership Retreat sponsored by H.O.M.E.S. (Healthy Opportunities for Meaningful Experiences Society). We created the Fraser Valley Self Advocacy Network which led to the creation of our website. We are thankful to Cam Dore, Executive Director of H.O.M.E.S, for his ongoing belief in self advocacy and for continuing to sponsor and coordinate the site.

The site was first created to help those with disabilities get online access. We also had help from CompuServe for computer tech issues. We started posting information and tips from self advocates on our website, and got some funding from the Ministry of Social Development and Economic Security.

As time passed, we developed the site further and went to Victoria to receive the Reboot B.C. award for public value transformation.



*Bryce Schaufelberger (top) and Joe Rickley (bottom) work to make Self Advocate Net a valuable resource.*

In 2005, I was hired by H.O.M.E.S to run their computer lab and spend more time working on the website. H.O.M.E.S also hired Joe Rickley to maintain and update the website and to assist in the computer lab.

In 2013, Community Living BC brought together self advocate leaders and asked how we could improve communication between the self advocacy community and CLBC. This led to the sponsorship of our site by the CLBC Communications department and the creation of the current self advocate-led Editorial Board who help give direction and write stories for the site.

Today, self advocates from around B.C. are being paid to write for Self Advocate Net. We are highlighting the leadership from our movement and are excited that allies, community members and government have a place to learn about our abilities and contributions as full citizens.

## REGIONAL STORIES: INTERIOR



Vernon

# My Dream: Creating community

*By Maggie Litster*

I grew up in Armstrong, B.C. and lived with my mom on our farm until I was 61 years old. My mom always told me I could do things and expected a lot from my abilities. I knew for a long time that one day I wanted to have my own place and live on my own.

At the beginning, many people told me it wasn't possible. They said I didn't have enough money and that I wouldn't be able to have my own place because of my disability.



*Maggie Litster lives independently in a community she loves.*

After my mom passed away, there was a short time that I had to live away from my community and also in a home that wasn't right for me.

I was one of the founding members of our local self advocacy group in Armstrong 30 years ago, so I knew it was important to speak up and use my voice.

My friends and I put together my support network called Maggie's Hugs. It was these friends and family who helped me to talk to CLBC about what I wanted my home and community to look like. I wanted a home that was accessible for my scooter and close to the activities that are important to me. We found Orchard Valley Retirement Residence in Vernon.

I love Orchard Valley because it is in the middle of my community and I can be independent and go to all the places I love, like the Red Hat Society and People Place Community Centre where I am on the board. At Orchard Valley, I have a very important role to write and deliver cards to all the 320 residents. I do birthday and sympathy and get well cards. It is also my job to do the mail run for all the residents.

I have a cute, cozy apartment with a deck that is all mine. I can do my own cooking and cleaning when and how I want. I am in charge of what I do and when I do it.

I have an amazing support network who encourage and support me. They are my friends and are not paid to be in my life. I do have some paid support in my life, especially during the winter months, but mostly I have friends that care and who I care about.

Today I live where I love. It's important not to give up and to really look for a home that fits who you are and what is important to you. I hope I can stay here for a long, long time.





If you're interested in booking a training session in your community, contact CLBC's Self Advocate Advisor at:  
[Jessica.Humphrey@gov.bc.ca](mailto:Jessica.Humphrey@gov.bc.ca).



## Self advocate trainers for hire

The Community Action Employment Plan (CAEP) was developed by a B.C. network of service providers, families, self advocates and CLBC staff with a vision to have the highest rate of employment among people with developmental disabilities in North America.

One of the goals of the CAEP is to “develop a B.C.-based training and mentoring network to promote best practice and advance employment outcomes for individuals with developmental disabilities.”

People with diverse abilities, many of whom refer to themselves as self advocates, voiced their desire to be part of this training network. They believe that the power to change attitudes and assumptions about those labelled with a developmental disability lies with the people themselves.

In January of this year, five individuals from around the province, and their support teams, spent two months developing a one-hour training workshop built around personal stories and the principles of supported employment. Each trainer has a unique presentation that brings their personal perspective and lived experience. They all share the goal of promoting the message that people with diverse abilities can and want to work and, with the right support, can be just as successful as anyone else.

Shelley DeCoste from Kelowna and Kayla Finney from Kamloops are our two new trainers in the Interior.



*Kayla Finney challenges stereotypes about employees who have developmental disabilities.*

Shelley's presentation shares the message that people with diverse abilities are waiting for someone to believe in them and give them a chance. She is an advocate for the right kind of support and wants to share her principles for respectful employment support.

Kayla's presentation describes her personal experience of the assumptions employers and others make because she uses a wheelchair. She breaks down these stereotypes by sharing stories of employment that no one thought was possible. Kayla talks about the difference between valued employment and charity, and challenges her audience to look beyond the wheelchair and see an employee waiting to make a difference.

Other Self Advocate Inclusive Employment Trainers include: **Sherwin Strong from Comox Valley; David Johnston from Dawson Creek; and Elysa Pacos from New Westminster.**

## REGIONAL STORIES: NORTH



# Join a CLBC Community Council

*By Penny Soderena-Sutton, Self Advocate Peer Advisor*

I live in Prince George where I work as a Self Advocate Peer Advisor for the service provider AiMHi. My job is to support individuals to know and exercise their rights. I help with plain language and I'm available to go to meetings and be an advocate for others.

I am also a member of the North Region CLBC Community Council. A Community Council is a group of families, service providers, self advocates and CLBC staff who meet and share thoughts and ideas on how we can work together to better our communities for everyone. I joined the Council because there was a place open for a self advocate and I had heard from others that it would be good to try. I wanted to see what it was all about.

Right now we are putting together our work plan. We are planning ways to find more people to join our Council. We have plans to travel to Smithers, Fort St. John and Dawson Creek and have some of our meetings out there as well.

It's important for self advocates to join Community Councils because I think we should know what CLBC is about and have a voice in telling them what is right or wrong. CLBC works with us so we can have a better life in the community. The Council is a place we can have a voice and be leaders.



***"The Council is a place we can have a voice and be leaders."***

**Penny Soderena-Sutton**

I encourage other self advocates to learn about their Community Council. Think about becoming a member. Go to the local CLBC office and ask lots of questions. We always need new voices. We work together to build a strong group in the community. It's important to talk together, share stories, be up front, be a team player, listen to what is said and take action when needed.



To learn more about CLBC Community Councils, or if you are interested in joining your local council, please contact: [Sylvie.Zebroff@gov.bc.ca](mailto:Sylvie.Zebroff@gov.bc.ca)



# Running for city council

*By Justin Pylatuk*

My name is Justin Pylatuk. I'm 31 years old. I've lived in Dawson Creek for 29 years of my life. Right now I work at Mile 0 Pizza and Pasta Place as their delivery driver. I am also on the CLBC Community Council for the North.

This past October, I ran for Dawson Creek City Council. I decided to run for Council because I wanted to be part of making changes in my community. I wanted to have a voice in making Dawson Creek better and more accessible for everyone.

The big changes I wanted to make were more subsidized housing and to get more housing for low income people. Rent is so expensive in the North and most people can't afford it. Not everyone has a job like in the oil field where you get paid lots of money. Some people have to have two and three jobs just to have a place to live. A one bedroom apartment in my town is at least \$900 and that would take up someone's PWD cheque. I also wanted more walking paths through the town like in Fort St. John. It looks really nice and makes it easier for people to get around.

I believe in voting and have always voted in federal and municipal elections. After I made the decision to run for City Council, the first thing I had to do was get 25 signatures of people who supported me and my goals. At the time I worked for a flagging company called SL Enterprizes.

My boss really believed in me and she helped me with my campaign.

The best part of running for Council was sitting at the front of the room during a community forum with all the other candidates and having equal time to talk about what was important to me and answering questions from the audience. I had to write a speech about the things I wanted to change. It was nerve racking, but worth it.

My advice to others thinking about running for city council is to try your hardest. Even if you don't get elected you still have a chance to have a voice and have your community listen to what is important to you.

I got 336 votes.



*Justin's campaign poster during his run for Dawson Creek city council.*



## REGIONAL STORIES: VANCOUVER COASTAL



# My dream job

*By Jordyn McGregor*

I am currently working as an Early Childhood Educator (ECE) Assistant in the Kindergarten class at Edgehill School in Powell River, B.C. I was a participant of the Steps to Employment Customized Employment Project in 2009 and started with a Discovery Process to see where my interests and passions were.

My main passion was wanting to work with children, so I connected with Coordinator Lesley Thorsell to look into the possibility of getting an Early Childhood Educator Assistant Certificate. We looked at Northern Lights College for an online program that would have supports for modifications if I needed them with reading and writing. My Mom helped me with understanding some of the reading and Lesley supported me too. Northern Lights College was very accepting of my different learning style.

I passed the course and applied with the Registry to get my ECE Assistant Certificate. We began looking at working at preschools, daycares and in the School District. An awesome opportunity came up at School District #47 when Connie Polman Tuin, the Employment Services Program Manager, discussed with Jay Yule, the Superintendent of Schools, my search for work. I had an interview and was hired for two mornings a week at Edgehill School working in a customized position as an ECE Assistant.

I was very nervous to start working in the classroom but the teacher, Tina Crookshank, was very welcoming and made me feel part of the class.



*Jordyn McGregor (left), with teacher Tina Crookshank, is passionate about her role as an Early Childhood Educator.*

I began to learn the children's names and assist them with crafts and tasks that the teacher needed support with. I have great coworkers and really feel appreciated by them. Tina would call me if I was sick, especially when my Mom passed away. She brought me flowers and came to my Mom's Service. She told the kids I was needing lots of love so they all signed a huge card and put messages on it. The card had lots of hearts on it and I still treasure it! She also took time off work and came to my Personal Plan meeting and stayed the whole time to share how much she enjoyed having me working with her.

I am in my fourth year of working at Edgehill School and am now working three days a week. I have become more confident in my abilities each year. With the positive feedback I get from Tina and my coworkers, I feel like a valued part of the team. I am taking another course to upgrade my certification at our local Northern Lights College so I can continue to live my dream!

Cheryl's top reasons why planning is important:

1. It helps people gain control of their lives.
2. Pictures help you see the actions you will take.
3. It's a positive booster.



Vancouver

# How planning is sorting out my life

*By Cheryl Fryfield*

In the past five years now I have done two PATHs which focus on person centered planning. PATHs don't have to be for just people with diverse abilities, it can be for anyone. PATH stands for Planning Alternatives for Tomorrow with Hope.

In a PATH meeting there will be important people there that you have invited. There is a facilitator and sometimes a graphic facilitator who does drawings. The facilitator will ask you two important questions:

1. **Who are you, and how are these people you invited important in your life?**
2. **What can we do together to reach a better life for you now, and in the future?**

At both PATHs I had some co-workers and my friends. I was very happy after I had done the two PATHs. My friends Aaron and Shelley helped with the two PATHs. My first PATH was about four years ago. Most of my goals came true.

One of them was to do a presentation at a conference, which I did. I am still doing presentations three years later! Another goal was to get healthy. I have had a rough time with my health, but now I am eating better, exercising and trying to sleep better too. This has helped me be healthier. Another long term goal I had was to get the proper papers for my Canadian citizenship. I was born in San Francisco, California. I am grateful that my mother is a Canadian. I did not have to take the citizenship test.



Instead, I had a friend who helped me with the papers. After many months I got my Canadian citizenship card. She is now helping me with the forms for my Canadian passport. Another one of my long term goals was to have a little bit of financial freedom. With the help of some of my friends my finances are in better shape and I feel less stressed.

I co-facilitated the Cheryl's Star Raft Salon group. Most people in the group did a PATH, including me. On the second PATH, I wanted to get better in my writing skills, become more confident in public speaking and keep in touch with some of my SALON friends. I am doing all of these things. There are other goals, like wanting to volunteer at the "Bard on the Beach," that I have not done yet. But that's okay as I was busy doing other things. I hope to do a toastmaster's session one day. Another one of my goals is to have something like a Stone Soup gathering that's like a potluck. I hope to do that at some point this year with a few friends.

I think planning is important. So go for it. Trust me, it worked for me.

Originally published on [www.SelfAdvocateNet.com](http://www.SelfAdvocateNet.com).

## REGIONAL STORIES: VANCOUVER ISLAND



# Promoting Our Abilities in Victoria

*By Sheenagh Morrison*

I'm Sheenagh Morrison from Victoria and I would like to tell you about a fun and important employment project called Promoting Our Abilities.

The idea behind Promoting Our Abilities began at an Employment Summit in Vancouver in 2012. Everyone was talking about ways to increase employment opportunities for people with diverse abilities. Then a self advocate named Ashley Baker said, "How can we be leaders and promote ourselves?" This led to a partnership with CLBC and the B.C. Self Advocacy Foundation to empower and support self advocate leaders around B.C. to create presentations for the business community.

The project is important to me because our message is aimed at employers. Our goal is to help employers become aware that people with diverse abilities want and need to be working. The project is also important to me because the presentations are led and written by self advocates, people with diverse abilities who are speaking up for themselves.

Our team in Victoria includes me, Michelle Goos, and Charlene Barns. Our presentation shares employment success stories and gives examples of why we can and need to be working. On May 20th we were invited to present at the Legislature in Victoria. We encouraged MLAs to hire someone with diverse abilities in their constituency office. They really liked our message and are helping us get connected to business leaders in our community.

I hope our presentation will inspire employers and businesses to be aware that we are just as capable to work and we work just as hard as everyone else.

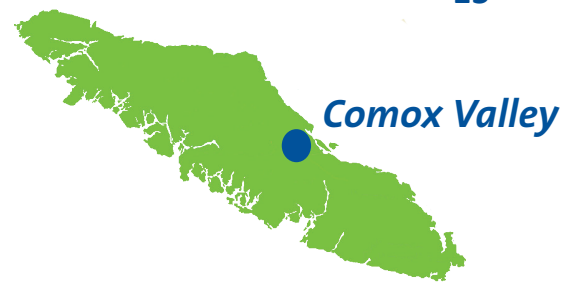


*(left to right) Sheenagh Morrison, Michelle Goos and Charlene Barns inform the business community about the value of inclusive employment.*



To find out more about Promoting Our Abilities, or to book a presentation in your community, contact Karla Verschoor from the BC Self Advocacy Foundation:  
**[KVerschoor@inclusionbc.org](mailto:KVerschoor@inclusionbc.org)**





**Comox Valley**

# Honouring Brad Erhardt

*By Michael McLellan and Shelley Marinus*

We are writing this article to honour a friend and self advocate leader who passed away suddenly last December 2014. His name was Brad Erhardt.

Everyone learned a lot from Brad. He went out of his way to help others. That was just who he was. Independence and technology were two things that were really important to Brad. I remember how excited he was when he discovered a program called JAWS that could help people who can't see or read print use computers just like anyone else. He was always happy to show others how to use JAWS and computers. Brad was also a gifted writer, poet and musician.

Brad was known in his community of the Comox Valley for his leadership with kids and youth. He went to schools and spoke about being visually impaired. He helped kids to be more aware and understand the experience of being blind or visually impaired. He taught them about people with diverse abilities and how we are all the same.

Brad was an active volunteer and leader with different organizations in our community. He was the President of the White Cane Society, Beaufort Association and Volunteer Comox Valley. Brad played a big role in Boy Scouts and in 1981 was honoured with the Jack Cornwall award for overcoming obstacles and received his award from the Governor General in Ottawa. He also participated in the first World Games For The Physically Disabled in England.



*Brad Erhardt was widely known in his community as an active volunteer and leader.*

Brad owned his own business called Three Blind Mice where he did computer training. He was also a valued employee at Home Depot.

Brad's final gift to the world was that he donated his eyes and now six people will be able to see as a result.

Today there is a Brad Erhardt Memorial Award that will be given to a person with diverse abilities who, like Brad, has gone above and beyond to volunteer in their community

But most of all Brad was a good and loyal friend and we miss him very much.

# GLOSSARY & WORD SEARCH

Learn about key words and phrases that appear in this edition, then try to find them in the word search puzzle below.

*Can you find all eight?*

**CLBC Regions:** CLBC Regions are areas of the province of B.C. The five regions are: Vancouver Island, Interior, North, Fraser Valley, and Vancouver Coastal.

**Community Council:** A Community Council is a group of self advocates, families, and community members. There are Community Councils in each CLBC region and they work with CLBC to help communities be inclusive.

**Diverse abilities:** 'Diverse' means variety and 'abilities' means skills and qualities. Diverse abilities means that people's abilities are varied and the different abilities all have value.

**Inclusion:** Inclusion means that everyone is included in all parts of life: community, work, education, communication with government, and enjoying social relationships.

**Plain Language:** Plain Language means writing in clear language and presenting written language in an organized way.

**Self Advocate:** Self Advocacy is a rights movement led by people who have been labelled as having a developmental disability. Some people refer to themselves as self advocates. Self advocates believe everyone has the right to make their own decisions and live as full citizens in community.

**Service Provider:** A Service Provider is a person or an organization that has a contract with CLBC to give support and services to an individual or a family.

**Support:** A person or organization gives you support by helping you succeed in reaching your goals.

## Word Search

*Tip: Words appear from left to right, from up to down and diagonally.*

B	C	H	I	D	Q	C	F	Y	O	H	C	O	M	M	U	N	I	T	Y	C	O	U	N	C	I	L
N	L	P	C	Y	P	S	E	R	V	I	C	E	P	R	O	V	I	D	E	R	J	X	F	C	D	P
G	B	A	P	G	N	X	G	X	V	J	J	S	S	B	T	C	Y	S	G	G	L	R	D	W	H	H
L	C	F	R	K	M	J	B	J	U	G	S	V	C	E	X	A	S	W	D	V	I	X	U	H	X	M
U	R	W	E	N	W	S	T	X	F	M	B	F	K	W	A	R	J	F	N	I	C	P	C	H	K	Y
F	E	S	L	X	M	R	J	K	M	Y	N	E	S	E	L	F	A	D	V	O	C	A	T	E	F	G
J	G	A	X	V	O	Q	W	T	I	N	C	L	U	S	I	O	N	H	A	C	E	Y	R	H	X	U
W	I	S	O	P	S	O	Q	Y	M	H	Y	R	U	X	W	L	N	E	Y	D	I	E	S	K	K	P
R	O	F	P	Q	H	Y	T	B	L	Q	C	U	O	L	R	S	B	L	O	Q	E	X	I	C	P	Q
U	N	U	S	E	P	Q	D	H	D	D	V	K	H	E	H	F	P	J	H	U	Q	X	S	G	J	H
S	S	E	T	F	Q	I	C	A	P	D	I	V	E	R	S	E	A	B	I	L	I	T	I	E	S	E
B	W	U	Y	Y	P	L	A	I	N	L	A	N	G	U	A	G	E	N	K	H	U	H	S	G	G	L

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