

# Services to Adults With Developmental Disabilities (STADD) Navigator Support

Are you between 16-24 years old  
and have a developmental disability?

Would you like help planning for adulthood?

Moving into adulthood is an exciting and important time.

It can also be scary to make decisions about your future, but starting to plan early can make things go more smoothly.

STADD is a program that offers a Navigator service to you and your family so you have help in planning and accessing services and supports as you move to adulthood.

## Start planning early

Planning for the transition to adulthood will help you make good decisions about your future, such as:

- where you are going to live
- whether you want to find a job or continue your education
- what kinds of activities you may want to try

You can start planning ahead while you are still in school.

Planning involves you, your family, and people you know who can help you achieve your goals.

## How can a Navigator help you?

A Navigator can:

- » Help you think about and express your needs, hopes and dreams for the future.
- » Give you clear and reliable information about available services and supports.
- » Help you contact agencies and community services so you have the services you need.
- » Bring together a team of people to support you. The team may include your family, trusted friends, teachers, social workers, health professionals and employment counsellors.
- » Work with you and your team to develop a plan for your future goals. The team will work on the plan with you and help make sure the plan is put into action.
- » Explore opportunities to be involved in your community and develop new connections.



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## How does the Navigator service work?

The Navigator begins by talking with you about yourself – where you are now and what you want and hope to do in the future. Together, you and your Navigator form your support team.

You are the most important member of your team. The Navigator will make sure your voice is heard and your needs and goals are expressed.

You and your family, your Navigator and members of your support team use an electronic system called Collaborate that provides a safe and secure place to store your information and transition plan.

## How do I know if I am eligible for Navigator services?

If you are between the ages of 16 and 24 and have a developmental disability, you can apply for Navigator services.

A Navigator can help explain the process needed to confirm a developmental disability.

## Where do I find a Navigator?

Navigator supports are currently available in 100+ communities across B.C., including:

- » **North:** Prince George, Prince Rupert/Haida Gwaii, Smithers, Nechako Lakes, Fort St John and other surrounding communities.
- » **Interior:** Kamloops, Merritt, Oliver, Cranbrook, Williams Lake, and other surrounding communities.
- » **Island:** Nanaimo, Parksville, Qualicum, Courtenay, and other surrounding communities.
- » **Fraser:** Surrey, White Rock, Delta, Langley, Burnaby/ New Westminster, Abbotsford, Coquitlam, and other surrounding communities.
- » **Vancouver Coastal:** Vancouver and Granville Youth Health Centre.

The program is expanding and will include more sites in the future.

## How do I get started with a Navigator?

- » Call 1-855-356-5609 to connect to a Navigator in your area.
- » Talk to a school teacher or your Ministry of Children and Family Development or Delegated Aboriginal Agency social worker and ask for a referral.
- » Talk to your facilitator at Community Living BC and ask for a referral.
- » If you are receiving services from a local health authority, ask for a referral.

## More about STADD:

STADD aims to make it easier for you and your family to get information and access the services you need during the transition to adulthood.

STADD works with different partner agencies in government and the community. The STADD Navigator acts as a coordinator, making it possible for workers from different organizations to come together, meet with you and discuss your needs and goals and work together so you have the supports you need.

Transition planning in STADD is based not on what others think is good for you, but on what you and your team decide on together. Building a picture of who you are and what you need and want is an important step in this process.

STADD may collect, use and share your personal information, using Collaborate, only with your permission, or consent. If you are not yet 19 years old, STADD will also need your parent or legal guardian's permission. You are able to decide who can see your information on the system.

For more information, please call  
1-855-356-5609 or 250-356-5609,  
or visit [www.gov.bc.ca/  
adultdevelopmentaldisabilityservices](http://www.gov.bc.ca/adultdevelopmentaldisabilityservices)

