

# Adjusting Playback Speed of PN-GU Training Videos

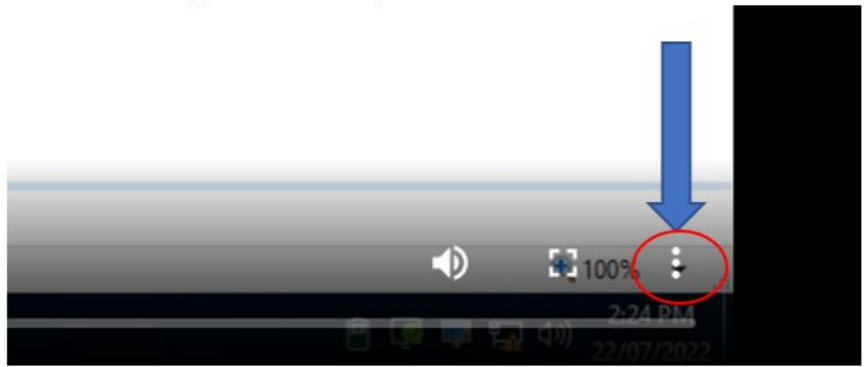


## What is this job aid about?

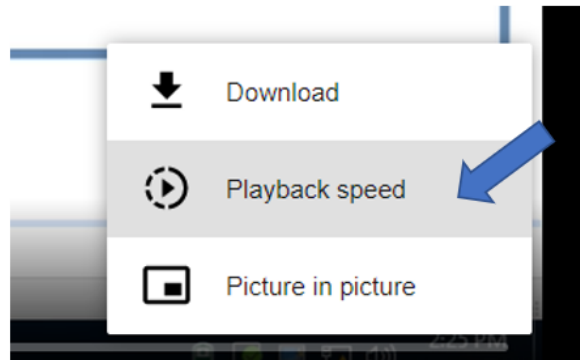
This short job aid will provide the steps to increasing or decreasing the playback speed of all PN-GU videos located on CLBC's intranet PN-GU page within the Guidance and Workflows section.

**Technical Tip:** Did you know you can adjust the speed of the video? If you find the pace of the video too fast or too slow, you can use the playback speed feature to adjust it to your liking.

1. On **the bottom right** of the video, select the 3 vertical dots.



2. Select **"Playback Speed"**.



3. Use the **scroll bar** to select the speed you'd prefer. If you'd like a faster speed, choose a higher number. If you'd prefer a slower speed, choose a lower number. Based on user feedback, most users prefer either normal or 1.25.

