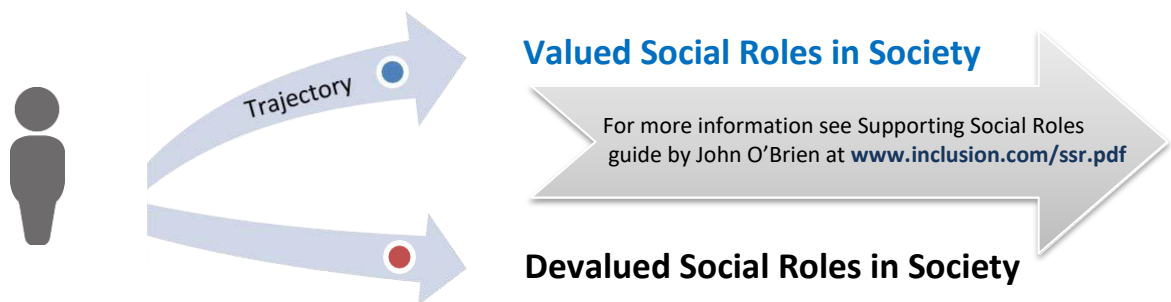


Connecting People to Valued Social Roles - Reference Card

What We Mean by *Valued Social Roles*

The basic premise of *Social Role Valorization* (“SRV”) is that people are much more likely to experience the “good things in life” if they hold valued social roles.¹ “Roles are valued when they attract respect, facilitate contribution, engage and expand capacities, and hold the possibility of belonging...Mother, Police officer, Boyfriend, Teacher, Coach...Social roles identify the different ways that people relate to one another, belong to each other, count on each other, and are responsible to each other.”²

Keeping the “Trajectory” in Mind...



The way we support people impacts their trajectory towards valued or devalued social roles. **Devalued roles** reinforce expectations of incompetence, separation with “their own kind”, and need for extraordinary control & restriction.³

Using Mapping to Support Valued Roles in Community



1. Start by helping a person identify 1 or 2 likes or hobbies.

Examples: listening to the radio, eating out, critiquing things.

2. Map opportunities related to the like or hobby on a local map. Focus on those that might help the person get closer to a valued role(s).

For ideas of opportunities in community look to:

- Yellow pages, recreation, tourist and other guides
- Online google, meet-up and craigslist searches

For Examples How Others Have Helped People Find *Valued Social Roles* In Their Community See:

 **Loren's Story**
(Video, facilitator toolkit)

 **James' Story**
(Facilitator Toolkit)

 **“Hey Joe”** by John McKnight
(Facilitator Toolkit)



¹ Introduction to Social Role Valorization: A Framework for Assisting People to have Full, Meaningful, and Inclusive Lives, Resource Manual for a Comprehensive SRV Workshop, April 2018, Community Living BC

² SSR: Supporting Social Roles a Second Bottom Line for Services to People with Developmental Disabilities, John O'Brien, July 2010 p. 5. websource: <http://www.inclusion.com/ssr.pdf>

³ Ibid., p. 6

Connecting People to Valued Social Roles - Reference Card

- My Community (available July 2018), FSI Website
- People you know

3. Prioritize Identified Opportunities

Once you have mapped the opportunities in communities, circle those that are easiest to start with and likely to make the most difference in getting people closer to the valued social roles they want. You can use the **Leverage Matrix** (next page) to help.

4. Develop an Action Plan Using SRV Principles

For each prioritized opportunity, determine whether people with expertise in the area of an interest or hobby are needed to help create a plan of action for how to approach the opportunity. **An action planning table is included in the tool document.** Research behind SRV methodology tells us that the following can further or detract from society's perception of the value of a person's role(s):

- ✚ The way we approach an opportunity including settings
- ✚ The way we use technology to "even the playing field"
- ✚ How we talk about the person/their role in the opportunity
- ✚ Who provides the support to connect to the opportunity?

5. Check the Action Plan for Coherency to SRV

Before going forward with the action plan, do a "coherency" check to ensure the plan is on the path to valued social role(s). Consider:

- Is plan based on genuinely identifying what is important to and for the person?
- Does it address the person's more basic/urgent/pressing needs first?
- Are we using the approach most likely to bring desired result?
- Is the person's time used with intensity and efficiency?
- Are the least restrictive practices required to support this applied?
- Does the setting(s) make sense for the person in terms of:
 - Use of competency-enhancing personal material supports/equipment
 - Easily accessible setting
 - Provide opportunities for competency development
 - Physically comfortable for the person
 - Level of challenge is neither over or under protective
 - Promotes establishment of culturally valued autonomy and rights, interpersonal interactions, socio-sexual identity

If you or others supporting the person to develop the action plan don't know much about the like or hobby and "how" the person might participate, ask someone immersed in that area to help. Often, those immersed in an area of interest with no "disability-specific" knowledge contribute to the best and most authentic results!

One way to know if it's a valued social role is that you would be missed if you weren't there...

Valued Social Roles Offer the Opportunity for Development & Contribution

<p>Home & Neighbourhood</p>	<ul style="list-style-type: none"> ✚ Active in the work and activities of the household, perhaps with assistance or through partial participation strategies. ✚ Recognized in the neighbourhood as belonging & participates in neighbourhood life in ways that make sense to the person and the person's neighbors.
<p>Family & Friends</p>	<ul style="list-style-type: none"> ✚ Maintains contact with other family members, participates in family events and rituals & calls on and is called on by other family members for emotional & practical support. ✚ Initiatives & responds to invitations to share time & exchange with friends.
<p>Work</p>	<ul style="list-style-type: none"> ✚ Performs a task in exchange for a wage or, as an owner, invests resource in the expectation of a return. Usually expects that the worker will interact productively & regularly with other people e.g. customers, co-workers, supervisors, employees.
<p>Learning</p>	<ul style="list-style-type: none"> ✚ Studies or practices for a purpose. Study may be formal or informal and the purpose may be personal pleasure, exploration, social contact, or advancement toward some goal that is meaningful to the person such as qualification, certificate, degree, or license.
<p>Community Association</p>	<ul style="list-style-type: none"> ✚ Recognized by other members as one of them and actively contributes in some way to the association's activities. The association may be formal or informal.
<p>Sports & Leisure</p>	<ul style="list-style-type: none"> ✚ Participates in athletic, fitness or other leisure activities or may be a worker who makes events possible, or an active member of a fan group.
<p>Creative Expression</p>	<ul style="list-style-type: none"> ✚ Recognized as a member & participates in service, study, or social activities related to their membership.
<p>Spiritual & Religious</p>	<ul style="list-style-type: none"> ✚ Recognized as a member & participates in service, study, or social activities related to their membership.