

## Fraser Region Community Council Meeting

**CLBC Newport Village, Port Moody**

**Time: 5:30 pm – 7:30 pm**

**Date: Feb 24, 2019**



<b>Chair:</b>	Vera Anderson
<b>Attendees:</b>	Shari Mahar, Maxine Wilson, Deb Appleby, Massi Bakhshain, Kathy Dudley, Daniel Bahng, Barb Paciejewski, Lynne Picard, Brenda Aarstad, Christine Delancy, Simone Brandt, Linda Wu, Adam
<b>Guests:</b>	Ryan Jamieson, Jessica Humphrey, David Pasko
<b>Regrets:</b>	Conrad Tyrkin,

### 1. Welcome

### 2. M/S/C The Agenda was adopted as amended.

The Minutes were shared from the January 28<sup>th</sup> meeting.

**M/S/C The Minutes were accepted as presented.**

### 3. Community Mapping Workshop

- A part of CLBC's Welcome Workshop #2
- Objective of a typical 2 hour session:
  1. Build connections
  2. Identify our personal gifts and assets
  3. Identify and map our community gifts
  4. Come up with new ideas to strengthen our community and envision the future
- What do assets mean to us?
  1. Services, things to do, finding places where people can contribute, gifts and opportunities
- Asset mapping is a collective process that can be used to:
  1. ID important places and gifts
  2. Get to know each other
  3. Create a vision about what we collectively care about
  4. Start meaningful conversations and build community partnerships
  5. Facilitate personal planning
  6. Mobilize a community to use its assets around a vision and a plan to solve its own problems – John McKnight
- Watched Open Futures Video on person-centered planning
  1. Learn about the community – it informs what the options are for persons served

2. Focus more on community opportunities than the capacity of the person served
- Process for developing a community map
    1. Identify our own assets and gifts – exercise to write down 3 each
      1. Gifts include helping people telling stories, organizing, advocating, IT services, volunteerism, teaching/educating, talking, teaching math, hobbies, patient, detail-oriented, kind, networking, making change, casting vision, helping to give power to others, supporting compassion and empathy in community, networking, etc
      2. Place your post-it next to where you live
    2. Map community gifts – depends on what we want to map
      1. Often map inclusive and welcoming places in community (that are not disability-specific) for person-centered planning processes. Or sometimes map housing opportunities.
        - a. Have everyone write down 2 or 3 places they think are inclusive/welcoming (on separate post-its). Place on the map.
        - b. If one place is recognized by many people as being inclusive and welcoming, can develop a decal and give to them
        - c. Examples of welcoming grocery stores: Westwood IGA, Port Moody IGA
        - d. Vancity (Coquitlam, Port Coquitlam) have hired a person to work in their branches, bring groups off staff to local community living agencies (ie CSS) for staff awareness. Partner with community organizations, offer grants. Have a Diversity Committee that reaches out to community.
        - e. Joe’s Table in Burnaby. Inclusive employer and an art gallery for people with different abilities
        - f. Connexions Café in Burnaby – near Brentwood Mall – have free games nights
        - g. Pacific Grace Church – North Burnaby
        - h. Burnaby Neighborhood House – on Hastings and at Metrotown in Burnaby
        - i. La Fontana Café in Burnaby on Hastings
        - j. The Garage Games and Geekery – on Stewart Crescent in Maple Ridge
        - k. Matteo’s Gelaterie in Vancouver
        - l. Broadway Church in Port Coquitlam – free movie and games nights
        - m. PoCo Bowling Nights – free bowling in the summer, Special O nights
        - n. Woody’s Pub in Coquitlam – lots of events

- o. Laughter Yoga – Commercial Drive in Vancouver
          - p. Dentist Kevin Lauwers in Coquitlam
    2. My Community BC is an online resource tool for people to share and celebrate gifts – <http://findsupportbc.com/mapper/> will be launched in April 2019.
  3. Create a vision map
    1. What is missing? What would make our community even more welcoming and inclusive?
      - a. More training and employment opportunities
      - b. More social enterprises or co-ops (possibly linked to land donated by Burke Mountain developer)
      - c. More gathering places – to meet other people and make friends – where people would have specific things to do
      - d. Neighborhood House – none currently in Tri-Cities (looking at Vanier Elementary as a future site)
  4. Final exercise – what is your head, heart and feet going to do? (What did you learn, what do you feel, what will you do?)
    1. Responses were given – ie. Learned about new Neighborhood House opportunity; very excited to know that is moving forward and can possibly be involved in it; will connect with others on this development soon.
- 4. CLBC Inclusive Housing Plan**
  - A 3-year plan that has just been released. One of the working groups is around identity and visibility – looking at shared messages around inclusive housing.
    1. What tools do you think would be good? Discussed various communications pieces for different audiences. In particular, need hard data as well as meaningful stories from people and families regarding importance of inclusive housing and impact on not having access to it.
- 5. New Business:**
  - Our elections will be postponed to April because a few people will be away for Spring Break.
  - Networking Meeting – still to be scheduled.
- 6. Next Meeting – 5:30 pm on March 25, 2019 at CLBC Port Moody offices.**

**M/S/C To adjourn the meeting at 7:40 pm.**