



North Okanagan-Shuswap Community Council Minutes CLBC Boardroom, Vernon.

November 20, 2018

Present:

Debbie Moore, Maggie Litster, Erin Murphy, Mary Adamson, Meeka Rowat (TCS Support Staff), Andree Rioux

CLBC Staff: Jennifer Love, Wendy Phillips

Regrets:

Colleen Larson, Jo-Anne Crawford, Julie Armitage, Eileen Howells, Morris Vardabasso

1. Welcome and Introductions

- a. The meeting convened at 3:05pm. Debbie welcomed everyone, followed by a round table update of members' recent activities and news.

2. Additional Agenda Items:

- a. **None**

3. Approval of Agenda:

- a. **Motion to approve: Maggie Seconded: Mary Carried.**

4. Approval of Minutes from previous months:

- a. **Motion to approve: Andree Seconded: Maggie Carried.**

5. 2018 Budget: \$6,000

- a. Wendy reported that there were no expenses reported for the month.

Description	Target Budget
Travel	\$500.00
Self-Advocates	\$2,000 – 3,000
Families	\$2,000 – 3,000
Other / Incidentals	\$500.00

6. Ongoing business:

a. Accessibility Update:

- i. Katie Moore and Maggie Litster were profiled in a video report by Castanet's reporter, Darren Handshuh. The video showed accessibility challenges faced while commuting around downtown Vernon and Debbie Moore provided the context.
- ii. https://www.youtube.com/watch?v=wILmkIpJEvY&feature=share&fbclid=IwAR07ilwPY2eYj-qlncgkhAgrBBrn9e6H0ngxTxEbif9_TmVP-Kmr7fFcIXI
Darren is planning to do a follow up story when the snow arrives.
- iii. The OA group has received positive responses from Vernon and Armstrong businesses. As well, they and the Kelowna self-advocates have a follow-up consultation with the Delta Grand Hotel in Kelowna.

b. Council Membership:

- i. Wendy reported that Rose's reappointment has been confirmed officially.
- ii. CLBC Community Council information and resources are expected to be uploaded to the CLBC website in the coming couple of weeks.
- iii. Council would like to add to its membership, an indigenous representative. Jennifer will seek some contacts if there is interest.

c. Goal 2: Support for Self-Advocates

i. Shuswap Connexions: Annual Film Festival & Craft Market, Salmon Arm Nov 17th

1. Debbie and Andree spoke about the successful venture that enabled 10 self-advocates from Vernon and Armstrong and five from Revelstoke to participate and support their peers in Salmon Arm.
2. The group took in a short film called 'The Freedom Tour' which showed the various institutions in Canada and abroad. The group engaged in some good conversations after and expressed that they were glad to see the positive changes made over time.
Another short documentary followed called 'Unspoken' which featured a 14 year old autistic girl who shares her intelligence through typed messages.
Following lunch, the group explored the craft market and then departed for their return journeys home.
3. Council thanked Debbie and Andree for their efforts in helping to make this a successful event for self-advocates.

Action: Wendy requested Debbie and Andree to coordinate the submission of invoices from Kindale and Community Connections for payment.

ii. Revelstoke:

1. Andree wants to start a self-advocate group in Revelstoke and asked council for ideas. One suggestion was to meet and make it a social event.
2. Jennifer suggested Andree contact Self-Advisor, Jessica Humphrey for suggestions and assistance.

Action: Andree to contact Jessica Humphrey:

Contact info: Jessica.Humphrey@gov.bc.ca // Phone: 778-679-2691

d. **Goal 3: Support for families to attend an event**

i. “Facing the Future Together”

1. Julie still waiting to hear back from Mary Bickert and is tabling this to January.

ii. What do other councils host?

1. Some councils have made community mapping their focus. Kelowna organizes a well attended family forum each month which features topics solicited from families, caregivers, etc.

iii. “Coffee with a Cop” – feedback

1. This informal event, initially driven by Vernon RCMP and held in various locations throughout the Vernon community, was coordinated by Vernon’s Analyst, Cheryl Nicklaus and was a great success. Approx. 20 attendees included Service Providers, members from Vernon RCMP: Office in Charge Detachment Commander, Shawna Baher, Media Relations, Kelly Brett, two other Members and CLBC staff.
2. This forum provided opportunities for education about CLBC, awareness and understanding of the roles and responsibilities of what we do in the communities in supporting adults with intellectual disabilities.
3. The Officers explained their protocols for addressing matters which are managed by the on-duty Watch Commander.
4. The RCMP is receptive to receiving more in-depth training on our supports and services, how to collaboratively work to support individuals moving in and out of the justice system and to better understand adult guardianship.

7. New Business:

a. Community Connections Self-advocates – Strategic Plan

- i. Rose presented the Community Connections Self-Advocate Group’s 2018 – 2020 Strategic Plan. It was evident the group had put in a lot of effort in creating this plan with the support of their friend, Karen Truesdale. See **APPENDIX A**.

- ii. A key focus is planning a Conference during Community Living month (October) and they are looking at ways to raise the funds to support the event. See attached – **APPENDIX B.**
 - 1. Council brainstormed ideas to help the group manage their budget –
 - a. by choosing free, available space for their monthly meetings and
 - b. using CLBC office equipment for their photocopying and faxing requirements.

8. CLBC Updates:

a. Planning:

- i. Jennifer spoke about an exciting new, free, online tool that has been developed and made available by the Family Support Institute called My Booklet – <https://www.mybookletbc.com/>
 - 1. Family members, care providers and individuals can work together to create a lovely, personalized informative booklet about the individual to share with whomever they wish.
 - 2. Simple and free, this booklet can be customized and updated as time goes on and printable.
- ii. Vernon has a full planning team, Facilitator, Crystal Horton, Elizabeth Hamilton, Self-advocate and a parent (tbd).
 - 1. The four-part Planning Workshop series is being scheduled for February at Vernon Secondary School.
 - 2. Anyone can participate in these workshops. It is not limited to youth in transition.

b. Aging Resources:

- i. CLBC has developed a number of resources that can be found on the CLBC website in a section under **Resources** tab.
 - 1. **Aware Share Care** leads to a website www.AwareShareCare.ca that provides tips and information to assist in planning for aging individuals.

c. Inclusive Housing Initiative:

- i. Russell Cox is currently attending the Central Housing Conference in Vancouver. CLBC in collaboration with BC Housing and other partnerships, are working on a three year plan addressing more accessible and affordable housing throughout the communities.
- ii. Russell has been very busy spearheading the search for and procurement of suitable properties for the NOS area.

d. Multiple Complex Needs:

- i. Salmon Arm’s facilitator, Jenny Kucy is one of 12 CLBC staff from across the province, who will be working as the NOS local lead to head the “Better Serving People with Multiple Complex Needs” project. Leads will work to organize and

implement collaborations within their local areas and work with the provincial project team.

9. PAC:

- a. In Colleen's absence, please provide Debbie with any information or topics you would like Colleen to bring up at the January's PAC meeting in Vancouver.

10. Upcoming Events:

- a. Christmas Open Houses – Vernon & District Association for Community Living (VDACL) ACT Program Art Fair
- b. Thompson Community Services are planning a flash mob at the Village Green Mall – individuals have had a lot of fun preparing for this event.

11. Next Meeting:

- a. Reminder that there is no December meeting.
- b. The next meeting is on **Tuesday, January 15th at 3pm in the Vernon CLBC Boardroom.**

Merry Christmas and Happy New Year everyone!

There being no further matters to be discussed, the meeting was adjourned at 4:30pm.

Motion to adjourn: Andree **Seconded:** Mary **Carried.**

Wendy Phillips

Encs: Appendix A and B

12. PAC Report

There being no further business to discuss, a motion was called to adjourn the meeting at 5pm.

Motion to adjourn: Mary Seconded: Maggie Carried.

Wendy Phillips

Next Council Meeting:

January 15th 3pm CLBC Boardroom Vernon

2019 Meetings:

February 19th 3pm CLBC Boardroom Vernon

March 19th 3pm CLBC Boardroom Vernon

April 16th 3pm CLBC Boardroom Salmon Arm

May 21st 3pm Revelstoke

Wendy Phillips

Attachments: