



**North Okanagan-Shuswap Community Council Minutes - DRAFT  
Via Teleconference Call**

**April 21, 2020**

**Present:** Debbie Moore, Katie Moore, Mary Adamson, Lin Oldfield, Monica Kriese, Colleen Larson  
Maggie Litster, Erin Murphy, Julie Armitage

**CLBC Staff:** Wendy Phillips

**Regrets:** Andree Rioux, Ryan Cucheron, Tamina De Montezuma

**1. Welcome and Introductions**

Debbie welcomed everyone and did a check-in with each one to see how they were coping with the challenging times of living in this crisis.

**2. Additional Agenda Items:** None.

**Approval of Agenda**

Motion to approve: Maggie      Seconded: Erin      Carried

**3. Approval of Minutes from previous month:**

Motion to approve: Maggie      Seconded: Mary      Carried

**4. FY 20/21 Budget: \$6,000 has been confirmed for this fiscal by Tamina.**

Wendy reviewed the budget spend for last fiscal and we ended spending \$3,998.16 out of the \$6,000 allocated budget. Breakdown as follows:

	<b>TOTAL</b>
a. Council Goal 1: Family Event: Facing the Future Together:	\$1,000.00
b. Council Goal 2: Self Advocate Events:	
a. Salmon Arm Youth Transition Fair	\$ 284.61
b. Vernon "Keeping Safe and Well"	<u>\$1,029.45</u>
	<b><u>\$2,314.06</u></b>
c. Employer Inclusive Awards – new order Qty 10	\$1,068.94
d. Travel Expenses: council members	\$ 414.38

5. Ongoing Business:

a. Self-advocate Event – March 10<sup>th</sup> Feedback

- i. Katie gave a wonderful summary of the event highlighting how many people attended, the presenters were helpful and shared lots of information about being safe on-line, mental health wellness and great pizza lunch.
- ii. Mary said ‘it was good’. Good information about how to keep yourself safe. The two police officers gave information to keep yourself safe in your home and outside. One great idea was to carry a whistle to blow if ever you felt afraid. Online safety reminded us to keep our information private. Like banking info, where you live, etc.
- iii. Erin liked that she learned to keep herself safe at home.
- iv. Maggie was happy to learn how to ignore people when they bother you.
- v. Lin said the mental health speaker gave a good presentation and gave some good tips. Breathing exercises, ‘smelling a rose’, etc. Was pleased to see good food safety practices were when food was being handed out to everyone. Lin said the whole event was great value to everyone.
- vi. Wendy said despite the snowy weather, forty participants attended. A few from Salmon Arm and Kelowna. The library was a good, accessible place to hold the event. Jessica was very happy with how it all went and at the end of the event, she asked for suggestions for next year’s topic. The common response was they want to learn about “Friendships and Good Relationships”.

b. Accessibility Update:

- i. The coronavirus has impacted the group’s activities. Katie was on a conference call with Jessica and Randy regarding the next magazine’s content; “How to keep safe with COVID-19” and adding good news stories with it.
- ii. The latest CLBC Diverse Abilities magazine features highlights of Accessibility and Katie was featured in the latest edition. Read here:  
<https://mailchi.mp/communitylivingbc/uvuygusb5-3238635>

**Action: Please send any good stories you have to Wendy or Deb.**

c. Council Membership Update:

Wendy reported that the only outstanding document was the clearance letter from the Ministry of Justice for her Criminal Record Check.

Motion to approve Katie to join council on the basis her Clearance Letter is received from the MOJ: Maggie            Second: Mary            Carried.

d. Pre-planning for our new Work Plan

**Goal 1: Explore working together with City of Vernon Chamber of Commerce for October 2020.**

1. We need to raise the profile of our Inclusive Employer Awards and one of the ways we can do this is to have a representative from council connect with the Chambers of Commerce in Vernon, Salmon Arm and Revelstoke.

**Action: Looking for a representative in each community.**

**Goal 2: Support for Self-advocates – monthly socializing.**

1. There has been lots of conversations around having a monthly friendship group meeting on a Saturday morning where this could be more of a peer support group talking about relationships, have karaoke, games, etc. There could be a theme for each month.

**Action: Self-advocates are asked to think about what themes they would like to have for each month and what you would like to talk about.**

- ii. Invite Jessica to host another event at the library in the Fall.

**Goal 3: How to connect families and create a network of support for them.**

- i. Looking to improve connections with and support to family members and how could we achieve this.
- ii. A council member will connect with Crystal Horton (CLBC Vernon Facilitator) and Jenny Kucy (CLBC Salmon Arm facilitator) to discuss and arrange to present at the Welcome Workshops. Gail is already a family member participant at the Salmon Arm workshops.

**6. CLBC Updates:**

Wendy spoke about how COVID-19 has changed staff working at the offices with the majority working from home and a skeleton staff working at the offices in Vernon and Salmon Arm. Social distancing and stringent sanitizing measures were implemented as health and safety were paramount.

The weekly teleconferencing calls hosted by CLBC's CEO Ross Chilton, Minister Shane Simpson and the provincial Health Officer with the service providers, individuals and families have registered good participation and there have been positive feedback on these.

Updates for individuals and families and service providers, recordings of the teleconferences are all available from the CLBC website.

**7. PAC Updates:**

Debbie reported that due to COVID-19, the meeting was replaced by a conference call (concerns over security with Zoom), and we checked in to see how the participants were dealing with the sense of isolation and change in services.

**8. Next council meeting:**

- a. **TUESDAY, MAY 26<sup>th</sup>** at 3pm via Zoom? Or teleconference if this is not possible.
  - b. **TUESDAY, JUNE 16<sup>th</sup>**
- 9.** There being no further matters to be discussed, the meeting adjourned at 4:05pm.  
Motion to adjourn: Maggie      Seconded: Erin      Carried.

Wendy Phillips