



**Vancouver Community Council Meeting**

Wednesday, October 28th, 2020  
Skype  
Time: 6:00 p.m.

**Present:** Margaret, Sienna, Norine, James, Robbie, Spencer and Sara

**Guests:** Shelley Nessman (Director of Family Support and Leadership at PLAN Planned Lifetime Advocacy Networks)

**Regrets:** Aileen, John, Vicki, Annie, Bruce, Calum, Warren and Menwoh

**Minutes:** Namgay

## Agenda topics

Agenda Item 1: **Welcome and check-in (James)**

James welcomed all the members on-board. Initially there were some technical glitches in skype video, but James helped maintain high team morale. There was a brief check in of council members. Sara Armstrong was a new member onboard. She is a navigator for youth and adult services at Canucks Autism.

**Action items:**

Person responsible:

Deadline:

James

N/A

<b>Agenda Item 2: Approval of previous meeting – James</b>		
<p>James went through the minutes of the previous meeting and the council members approved the September 30<sup>th</sup> meeting.</p>		
<b>Action items:</b>	<b>Person responsible:</b>	<b>Deadline:</b>
	James	N/A

<b>Agenda Item 3: Facilitator for workplan meeting (Shelly Nessman)</b>		
<p>Shelley Nessman is a director of Family Support and Leadership at PLAN (Planned Lifetime Advocacy Network) and a Co-Founder of in The Company of Others. Shelly was the self advocate advisor for CLBC for four years. She was also a part of the committee that helped to form CLBC. Her experience as a facilitator and planner has helped her to understand that when a person and their network combine their dreams with a plan for action. Shelly explained graphic facilitation. She explained that the basic components of any workplan should focus on “why” &amp; “what is the reason to be in” in the council. Workplan should based on accountability piece, creating positive do-able goals, concrete timelines and supporting each other to reach those goals. James requested if Shelly help facilitate our workplan and she kindly accepted it. Shelly welcomed the members to email her if they have any questions at: <a href="mailto:snessman@plan.ca">snessman@plan.ca</a></p>		
<b>Action items:</b>	<b>Person responsible:</b>	<b>Deadline:</b>
	Shelly	N/A

<b>Agenda Item 4: Making Council Meetings possible during covid – Jessica Humphrey</b>		
<p>Jessica Humphrey is CLBC’s Self Advocate Advisor. Jessica was invited to provide information on how the other regions were making council meeting possible and what tools and applications were being used. Most council meetings are using MS Teams with some troubleshooting. She also advised that a FAQ on MS Teams to be send to the members. She will be sending that one-page document to James so that it gets forwarded to all the members.</p> <p>Jessica advised that the PAC rep. to bring back ideas and questions to the members after every PAC meeting. This would help brainstorm and spark ideas amongst the members for the ongoing projects. Jessica updated the council on the last PAC meeting where they had presentations on re-imagining community inclusion strategy and resiliency project which focussed on staying connected during covid.</p> <p>Jessica updated the members on councils around the region. Council in the north is focused on recognising inclusive &amp; welcoming parts of their community with the focus on covid. Richmond council is exploring the My community BC map and the new category on it helps explores on emergency community response. Thompson Cariboo community council are interested in re-imagining community inclusion and they want to be part of the subcommittee of this project. The central island council has created a virtual community dance that they have people attending their dance from around the world.</p>		
<b>Action items:</b>	<b>Person responsible:</b>	<b>Deadline:</b>
Email MS Team FAQ to James/Workplan with James	Jessica Humphrey	N/A

<b>Agenda Item 5:</b>		
(Empty space for Agenda Item 5 content)		
<b>Action items:</b>	<b>Person responsible:</b>	<b>Deadline:</b>
(Empty space for Action items)	(Empty space for Person responsible)	(Empty space for Deadline)

**Next Regional Team Meeting:** November 25<sup>th</sup>, 2020