

# About Community Living BC (CLBC)

Community Living BC (CLBC) funds supports for adults, 19 years or older, with a **developmental disability**, diagnosis of **Autism Spectrum Disorder (ASD)** or **Fetal Alcohol Spectrum Disorder (FASD)** and who need help with day-to-day tasks.

## Welcoming and planning

Planning can begin at **16 years old**. You can receive CLBC-funded services **when you turn 19**.

## Support is your choice

This means it is **your right to decide** whether or not you want to receive support from CLBC.



## Indigenous Advisory Committee

CLBC's Indigenous Advisory Committee (IAC) includes **Indigenous voices from across BC** who guide CLBC to improve services for Indigenous people.

For **frequently asked questions** about CLBC, scan this QR code:



Or visit:

[communitylivingbc.ca/about-us/frequently-asked-question](https://communitylivingbc.ca/about-us/frequently-asked-question)



## You choose who helps you

This can be family, an Elder, or another trusted person from your community.

## We can adjust as needed

- The support you get and when, is based on **what you need** and **how quickly you need it**.
- **We will listen to you, your family, and your community.**
- Your **supports can change** if your needs change.

# Beginning your journey with CLBC

We respect your culture, your community, and your ways of making decisions



COMMUNITY LIVING  
BRITISH COLUMBIA

## 1 Begin your journey

- **Call or visit** the CLBC office near you to find out what you need to get started.
- **If you can get services**, CLBC will send you a letter to tell you.
- **This letter will tell you who your CLBC Facilitator** is. This person is a helper who will support you along the way.

**Talk to a CLBC Facilitator if things change at home or if you need help sooner.**

## 2 Planning together

- **CLBC may invite you to a Welcome Workshop.** If there is one near you, you can learn about local programs and how CLBC can help.
- **We will listen to you and learn about your story**, your strengths, and what you want.
- **Together, we will talk about what supports you need.** We will share what CLBC can pay for and what choices you have.
- **A Facilitator can help you with planning and connect you with programs** in your community (Nations, Friendship Centres, MNBC).

## 3 Asking for supports

- **A Facilitator can help you** ask for CLBC services if you want them.
- The support you get and when, is based on what you need and how quickly you need it.

## 4 Getting started

- **A Facilitator will contact you when your supports are ready.** They will tell you the update and help plan the next steps.